

## Vision Course

**One Day Course covering a range of Eye and Vision Topics**

**Please contact PROHMS for more details. £285 + VAT.**

This course is by no means a “death by powerpoint” type course. There is a very interactive element running throughout and it is a fun packed day.

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### Venue

PROHMS Training Room  
St Thomas Road  
Huddersfield  
HD1 3LG

Hot and cold drinks will be provided.  
You can bring your packed lunch,  
alternatively there is a café next door



*Huddersfield train station - 15 minute walk or taxis available directly outside*

*Limited parking available at the venue*

*The Premier Inn Hotel Huddersfield Central, HD1 6SB has reasonable rates for an overnight stay -15 minute walk from the venue*

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Please find the learning outcomes for this training overleaf

For more information please contact Julie on 01484 427955 or [julie.hughes@prohms.com](mailto:julie.hughes@prohms.com)



We are running one day courses that cover a range of eye and vision topics, all tailored to the OH professional. The day is split into 6 sessions and in summary we cover the following:

Session 1:  
Anatomy/Physiology  
Common refractive problems (Myopia/Hyperopia/Astigmatism)

Session 2  
Visual Disorders  
Whats it like to have that?  
Eye health conditions Cataract/Glaucoma/Diabetes/AMD  
Common things occur commonly

Session 3  
The Eye At Work  
Presbyopia  
Dry Eye  
Contact Lenses  
DSE/Working Environment (hydration)  
Eye nutrition

Session 4  
Practical:  
Vision/VA  
Colour Vision  
Peripheral vision  
To Keystone or not to Keystone

Session 5  
Vision Standard  
Group 1&2 drivers  
Fork Lift Operators  
Safety spec regulation  
DSE regulations

Session 6  
Lens Solutions and types  
MAR/Blue Light  
Contrast lenses/Drivewear lens  
Polarised demos  
Colorimetry/OCT



## Booking Form -Vision Training Course

Select Course Required:	One day course that covers a range of eye and vision topics	Tick Here
	Contact PROHMS for more details.	
Venue:	PROHMS Training Room St Thomas Road Huddersfield HD1 3LG	
Organisation:		
Address:		
Contact Name:		
Telephone:		
Delegate Name:		
Contact Email:		
Contact Telephone:		
<p>Please send completed form directly to PROHMS Julie.hughes@prohms.com</p>		